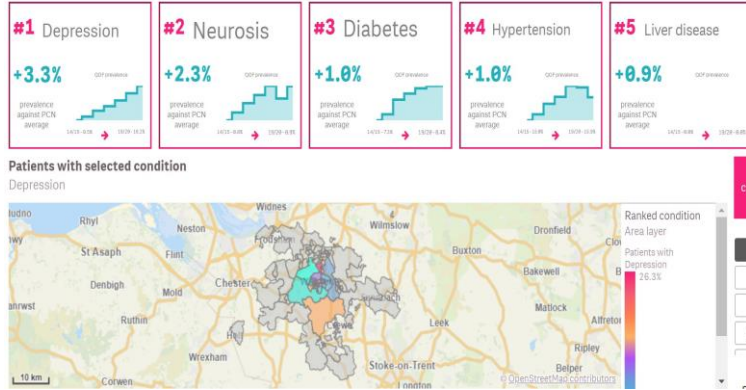


Population health data



Priorities

Mental Health and Wellbeing

- Understanding mental health & wellbeing to support health and happy lives for the people of the Winsford Care Community.

Supporting our Teenagers in crisis

- Supporting our young people in crisis within the Winsford Care Community, to help them have healthy and happy lives.

Physical Activity

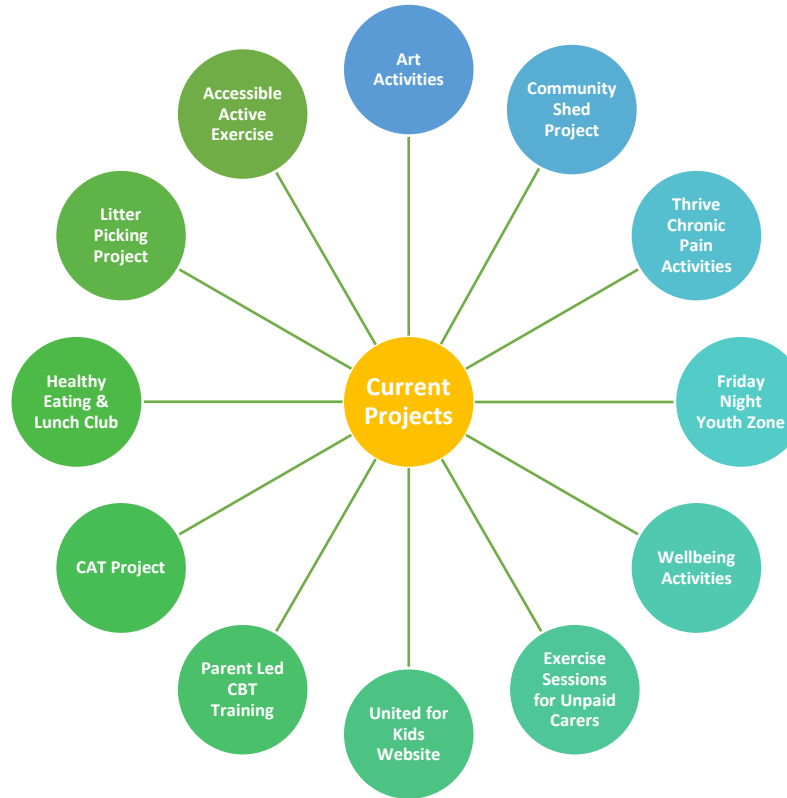
- Looking at the existing opportunities for physical activity and identifying any gaps that may require further funding.

Social Isolation

- Providing social opportunities for members of the local community to tackle issues of social isolation and loneliness.

Projects

CWICP innovation funding has allowed Winsford to fund 12 new projects to promote social engagement and tackle these issues.



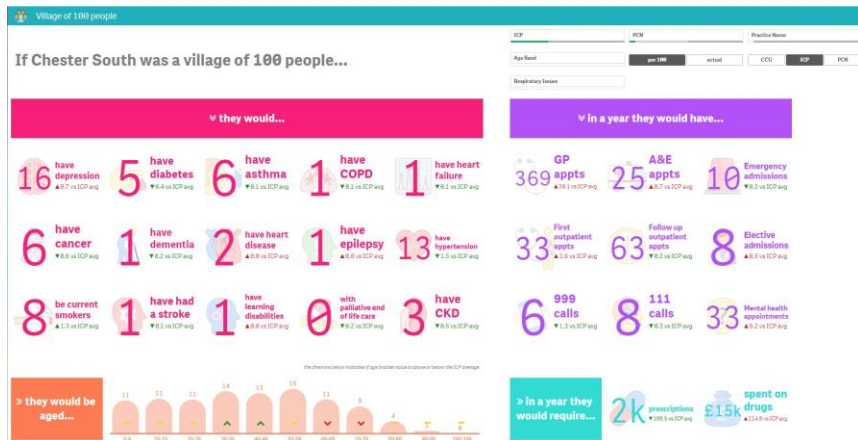
Next steps.....Ongoing work within our three action groups: United for Kids, Winsford, Wellmind and Bee-ing Together to address our Community priorities.

Partnership working

Continue to work in partnership with health and care providers and community sector organisations to deliver joined up approach to care



Population health data



Spotlight on new projects

Projects

CWICP innovation funding has allowed Chester South to fund new projects to promote social engagement and tackle these issues.

General mental health

- Chester wide mental health champions. This has continued after the funding ran out. As part of a sustainability plan people pay a small fee.
- University have a funded social prescriber

Youth mental health

- Youth Mental Health First Aid training Supervision sessions we delivered to Teachers in schools who needed additional support
- Healthbox has gone on to secure further funding to deliver Youth Mental Health First Aid training across the Chester South Community partnership area

Respiratory disease

- Walking for health Trackers were purchased and went out to a some patients, but there was not sufficient uptake, instead of setting up a separate group these patients joined an existing wellbeing walk.

Autism

- West Cheshire Autism Hub –to offer in-person support and on-line support –this has expanded to offer more in-person support at Dial House (the New base for the Autism Hub)

Future priorities

Looking at the tartan rug data and data from local charities more work will be done around:

- Social isolation
- Falls
- Autism

This will be part of the ‘One Chester’ plan bringing existing services and orgs into the CP



Setting up for success

During 2023 Chester South Community partnership undertook a maturity matrix

The outcome of which was to put forward a proposal for the three Chester Community Partnerships to come together as one

There have been two successful meetings so far and the decision to move to One Chester Community Partnership has become a reality



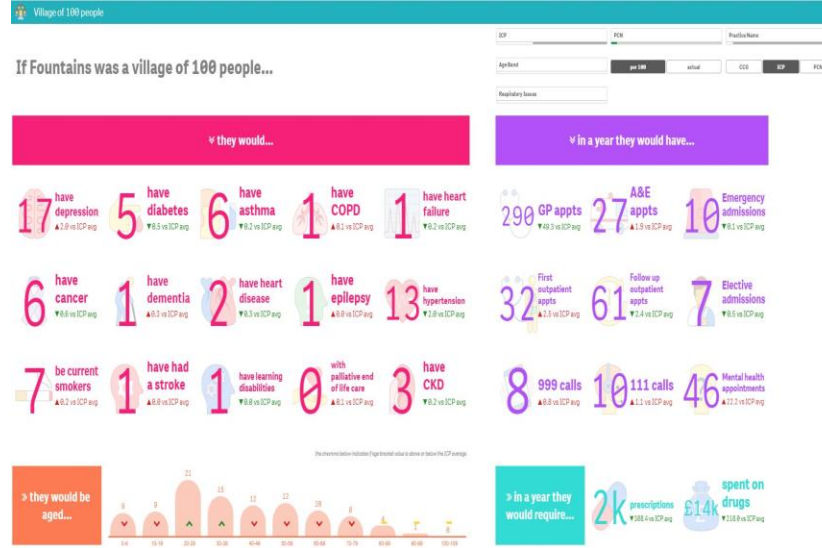
Projects
 CWICP innovation funding has allowed Chester central to fund new projects to promote social engagement and tackle these issues.

Café 71
 • Chester wide mental health champions. This has continued after the funding ran out. As part of a sustainability plan people pay a small fee.

University social prescriber
 • Chester University Social Prescriber 2 days a week, exclusively for university students. Due to lack of engagement from students this has not continued

Community engagement events
 • 2 Community Engagement Events – Hosted by CWVA re connecting and introducing local professionals, services, charities, third sector, local authority. 1 event at Chester Cathedral. 1 event at The Story House. CWVA would like to plan more in Chester These support the core membership.

Population health data



Future priorities

Looking at the tartan rug data and data from local charities more work will be done around:

- Social isolation
- Falls
- Autism

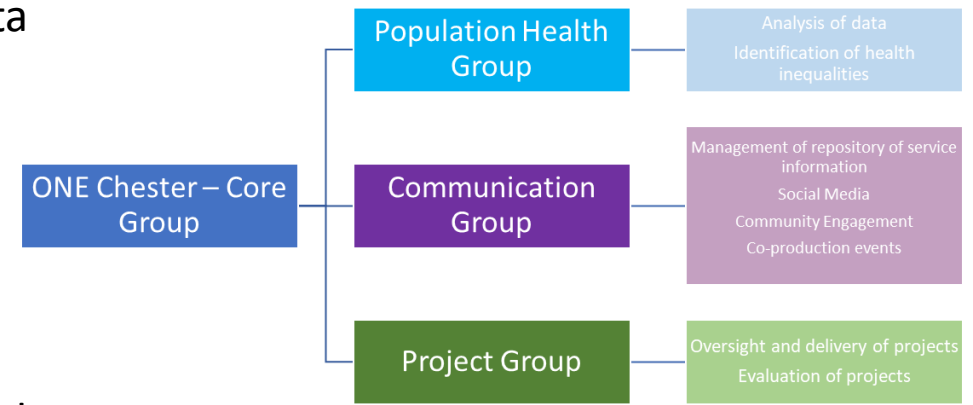
This will be part of the ‘One Chester’ plan bringing in existing orgs as part of the CP

Setting up for success

During 2023 Chester South Community partnership undertook a maturity matrix

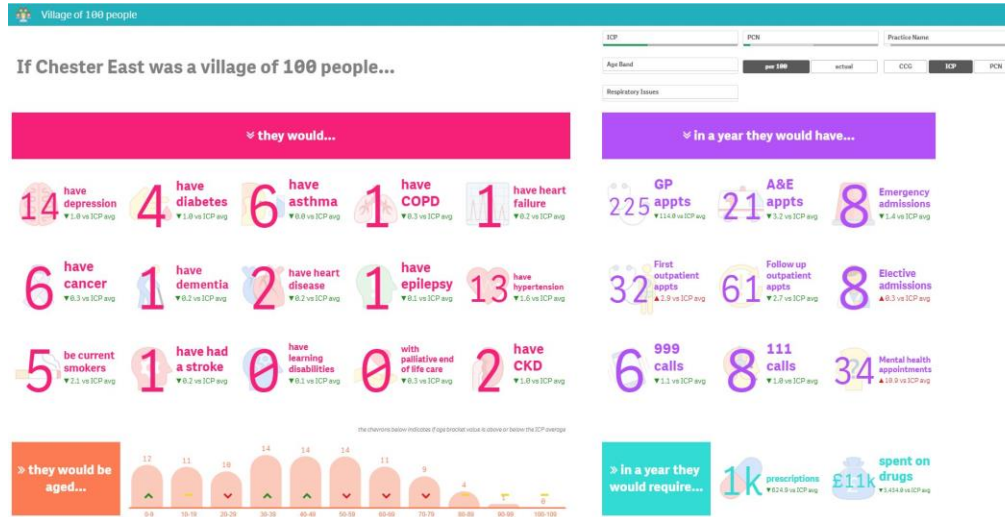
The outcome of which was to put forward a proposal for the three Chester Community Partnerships to come together as one

There have been two successful meetings so far and the decision to move to One Chester Community Partnership has become a reality





Population health data



Spotlight projects



Projects

CWICP innovation funding has allowed Chester East I to fund new projects to promote social engagement and tackle these issues.

Healthy Hearts

- Funding supported room hire and staffing cost of Healthy Hearts exercise classes.

Mental health support

- Training for teachers in Chester East Care Community in Youth Mental Health First Aid.
- Joint café 71 project

Social isolation group

- Funding sought to support community sessions for socially isolated adults. Weekly sessions planned with 1 x art session per month for 1 year and the remaining three weeks being- craft/games session

Youth group

- Upton based youth club
- Funding to support purchase of equipment such as Pool Table, Table tennis table, bean bags and games

Future priorities

Looking at the tartan rug data and data from local charities more work will be done around:

- Social isolation
- Falls
- Autism
- Young people's health

This will be part of the 'One Chester' plan bringing in existing orgs as part of the CP

Setting up for success

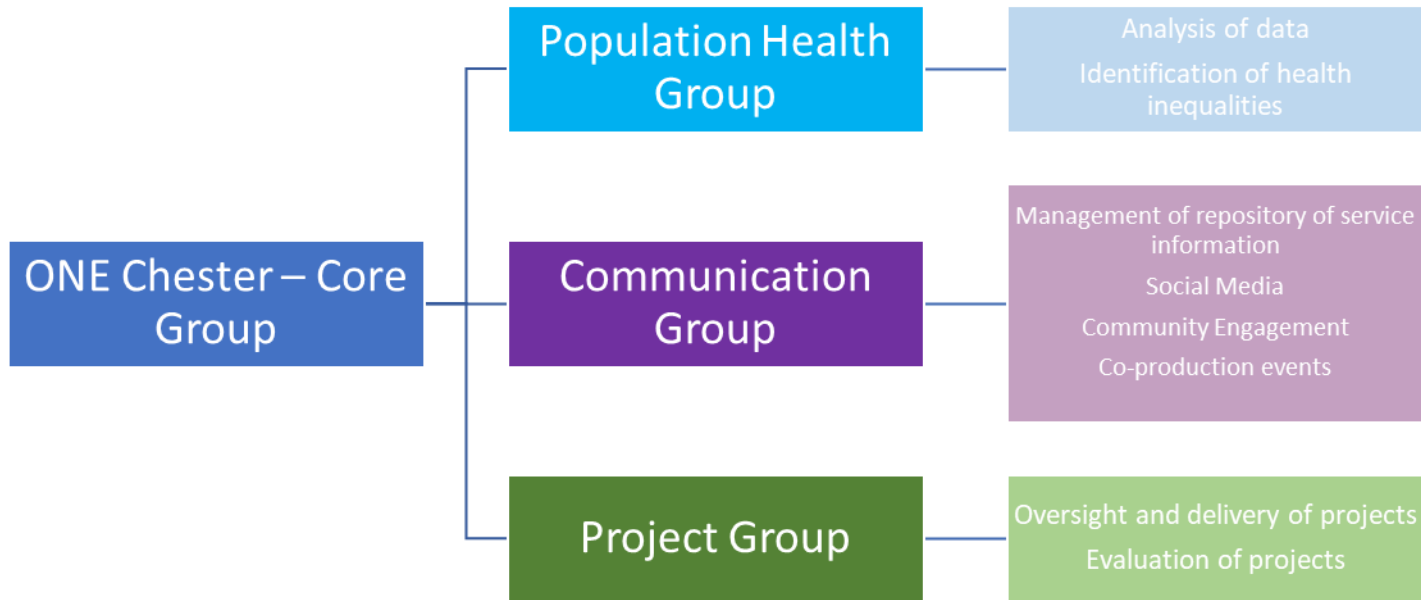
During 2023 Chester South Community partnership undertook a maturity matrix

The outcome of which was to put forward a proposal for the three Chester Community Partnerships to come together as one

There have been two successful meetings so far and the decision to move to One Chester Community Partnership has become a reality



New structure



All 3 Chester steering groups come together in a central governance structure.

Individual sub groups by location report centrally to this group

This allows greater reach across Chester and better opportunities for Securing bids and grants and avoid gaps and duplication.

This group oversee Chester wide projects

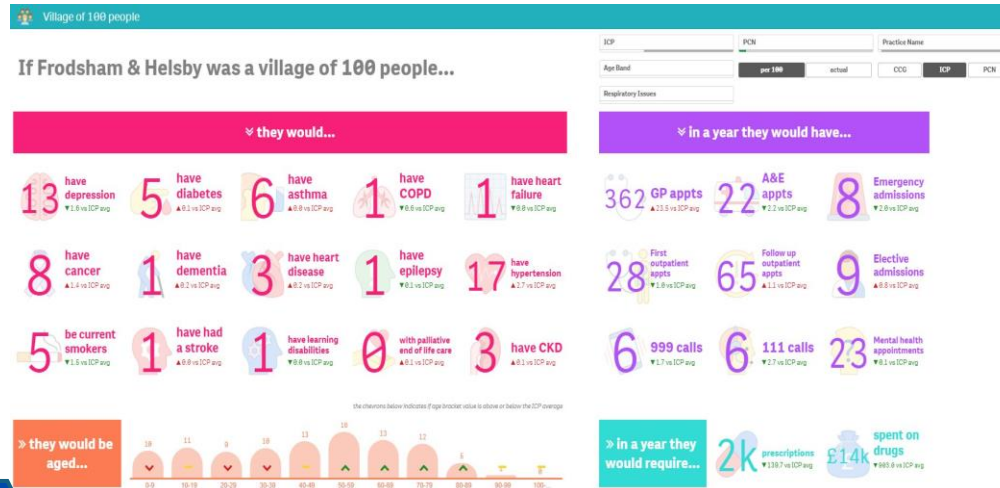


Population health data

Setting up for success

Projects

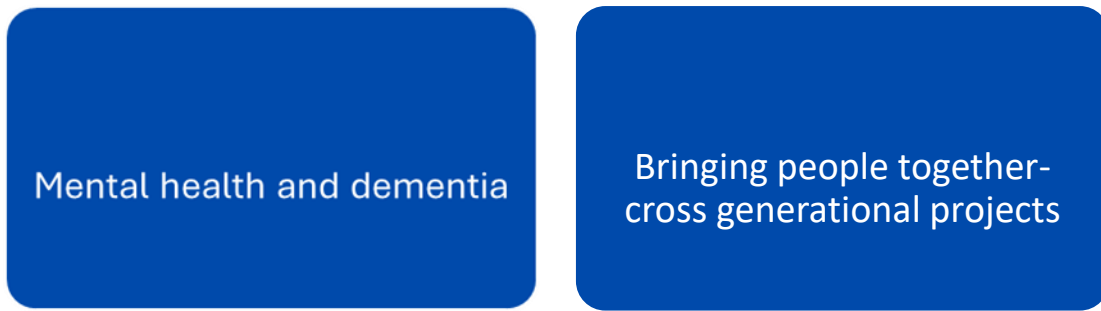
CWICP innovation funding has allowed them to fund new projects to promote social engagement and tackle these issues.



Working collaboratively: Bee friends, dementia café and Opal have worked on a project bid aimed at older people and have been successful in securing £10,000 of awards for all funding From National Lottery!



Future priorities



Ageing population – A high percentage of our population is aged 65 and above - Frodsham 26.4%, Helsby 24.6%, Sandstone 29.5%, all considerably higher than Cheshire West and Chester at 21.2% and England 18.6%. With our older population, many living alone, we want to continue our work to reduce social isolation and help our ageing community to live well for longer, helping to support the already stretched NHS and local authority services. The barrier for some is leaving their house and attending groups alone – we plan to address this and find a solution this year.

Supporting young people – The tartan rug information showed we have a higher-than-average number of young people neither in work or education and anti-social behaviour is increasing in Frodsham. This year we will have an additional focus on young people.

Neston and Willaston

Projects

CWICP innovation funding has allowed them to fund new projects to promote social engagement and tackle these issues.

- AED – community defibrillator**
 - Bought for the community walking football pitches.
- Mental health young people**
 - Training for young people to support peers
- Peer support groups**
 - Trained 8 volunteers 2 groups already formed. One of these is general “umbrella” peer support group and the other a bereavement friendship group. More groups are planned to follow.

Population health data



Future priorities

General reset of the Care Community/Clinical Partnership. Taking advice from more established Care Communities e.g. Winsford. Re-establishing Steering Group membership. Reducing Sub groups from 4 to 3 and re-establishing these. Meetings currently being arranged for the 3 sub groups (children and families, older people and mental health) prior to the next Steering Group meeting

Additional projects: Lunch club. Help to support community lunch club to support those isolated in the community

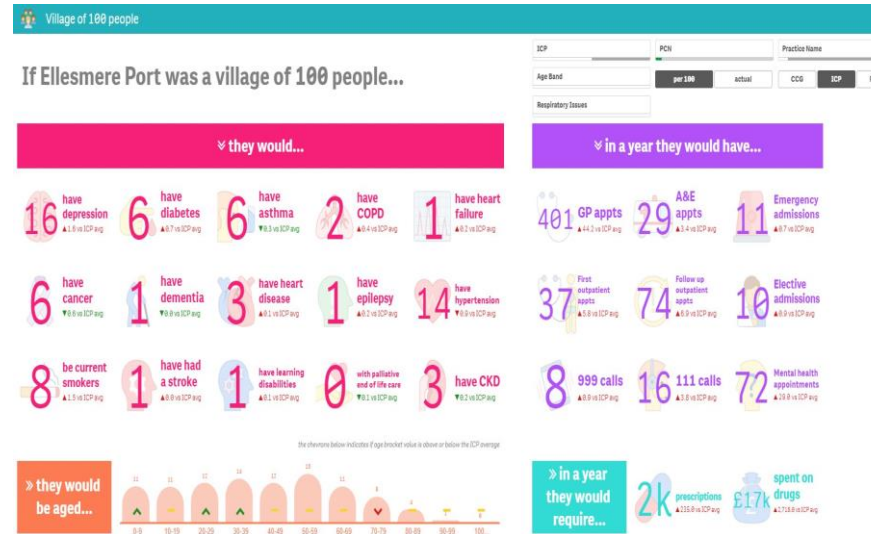
Ellesmere Port

Projects

CWICP innovation funding has allowed Chester central to fund new projects to promote social engagement and tackle these issues.

Older adults group	<ul style="list-style-type: none"> • Dementia Cafe • Leaflet on all current community activities going on in Ellesmere Port for older adults
Healthy families project	<ul style="list-style-type: none"> • Family health and wellbeing coach
Joy Software	<ul style="list-style-type: none"> • Social prescribing software
Henry	<ul style="list-style-type: none"> • Funding HENRY - Evidence based tier two intervention for improving nutrition in young children

Population health data



Future priorities

- CYP- mental health practitioner role
- Falls prevention

This needs working through with core steering group

Setting up for success

- Learning and positive outcomes
- 1) Healthbox developed the healthy family programme - this including six after school sessions working on stress reduction, high self esteem and developing emotional wellbeing as well as cooking on a budget
 - 2) focus on building relationship with schools who already know families that may benefit
 - 3) Healthbox currently deliver 'emotion and food' which brings a lot of the learning from previous workshops



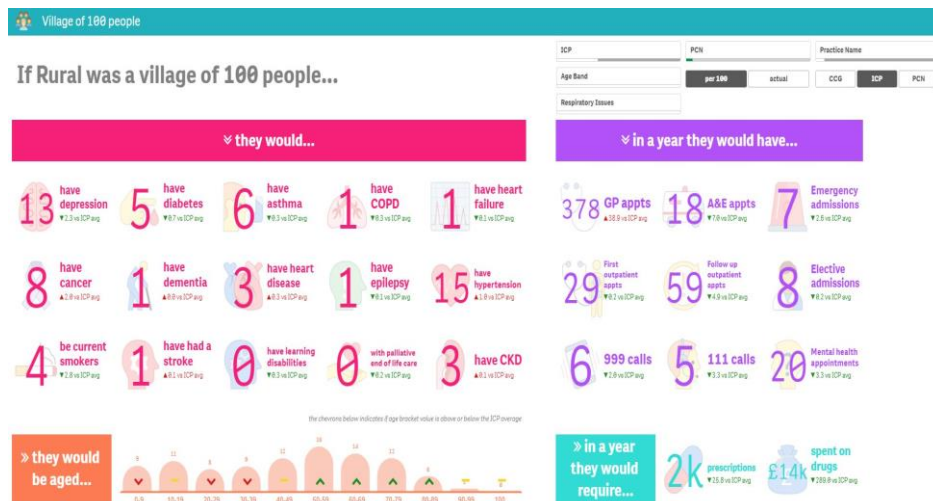
Rural Together

Projects

CWICP innovation funding has allowed them to fund new projects to promote social engagement and tackle these issues. To refresh and refocus our priorities and aims as a group. Since the funding for innovation ceased then the bimonthly meetings have largely focused on info exchange

- Couch to 5K**
 - 5 groups including Tarporley, Kelsall, Malpas, 2 groups in Tattenhall
 - 95 registered participants
 - 100% happy they have seen an improvement in health
- Kelsall wellbeing hub and sensory garden**
 - Opened in April 2023
 - Volunteers in place
 - Safe space for befriending
 - New groups using the space
- Malpas befriending project**
 - Has created other groups such as community kitchen
 - Friday friends
 - Great connections with local businesses offering food donations
- Community transport**
 - Community mini bus service used by the befriending service
 - Supports Friday friends

Population health data



Spotlight projects

Couch to 5K-of the 5 groups across the rural community. 95 participants who completed the feedback form, 100% of people felt their health had improved, 100% of people would recommend the group to their friends and family, most people aim to continue running with the groups.



Future priorities

- Continue with existing projects
- Community response hubs
- Transport
- Falls prevention

Rural has the challenge of transport, ageing population and lack of consistent services offered in each location



Opened in April 2023. The money so far has been used on training the manager and volunteers. Community connector volunteers (CCV) have been trained in safeguarding, health and safety, GDPR and how to use the LiveWell website. DBS checks have been funded for the CCVs. They will be present in the Hub every weekday morning,

Northwich

3 priorities:

Social Isolation

Mental Health – Dementia

Mental Health – Children and Families

Projects

CWICP innovation funding has allowed Chester central to fund new projects to promote social engagement and tackle these issues.

Sculpture Trail

- Lion Sculpture trial to enable residents to get outside and enjoy nature and art whilst exercising

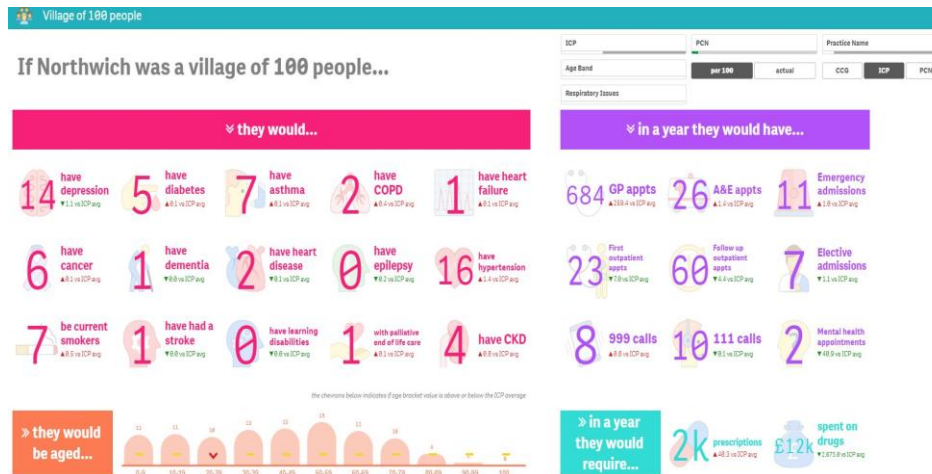
Friendship Benches and Dementia Support Group

- Friendship benches - collaboration with Northwich Town Council to ensure that there is the opportunity for residents to sit in the centre and connect with others in community
- Dementia Support group – for residents/carers with loved ones with dementia

Pedal Away

- Supporting the scheme that allows community based cycling scheme that enables people to ride, regardless of their age, ability or cycling experience

Population health data



Future priorities

- Survey has been sent to all members on the distribution list asking for feedback on the CP, and future priority suggestions
- Continuation of the 3 working groups (Social Isolation, Mental Health – Dementia, and Mental Health Children and Families)